## 16 Items to Pack in a Roadside Emergency Kit

Whether you are taking a casual drive or embarking on a long road trip, you never know when an emergency will arise. As such, it's important to have a roadside emergency kit packed in your vehicle. Consider including the following items in your kit:

## Health Essentials



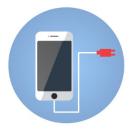


A first-aid kit

Crucial medications



Water and nonperishable food items



A cellphone and charger





Jumper cables



Road flares and distress signs

## Weather Essentials



A flashlight



A windshield scraper and shovel

## **Document Essentials**



Vital medical information



**Emergency contact** numbers



A spare tire



Vehicle liquids



A blanket



A set of warm clothes



Proof of insurance and driver's license



The owner's manual for your vehicle